



# plate perfect

## CATERING

704.343.0155  
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### 2020 INDIVIDUAL BOXED CATERING

Menus for  
Yafo Kitchen,  
Midwood Smokehouse,  
Paco's Tacos and Tequila  
& Little Mama's/Mama Ricotta's

BOXED ITEM **MENU** 2020

**Choose from one restaurant per  
order. No substitutions. Additional  
charges may apply.**



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## SALAD

CHOICE OF DRESSING: CHIPOTLE RANCH, BALSAMIC VINAIGRETTE,  
OR HONEY LIME CITRUS VINAIGRETTE

### MEXICAN CHOPPED SALAD

FRESH GREENS CHOPPED WITH TOMATOES, JICAMA, SWEET ONION, AVOCADO, SCALLIONS, GARBANZO BEANS,  
ROASTED RED PEPPERS, COTIJA CHEESE AND CORN

ADD GRILLED CHICKEN \$5, MARINATED STEAK \$10, GRILLED SALMON \$8

\$11

## FIESTA BOWLS

### FAJITA CHICKEN

LAYERS OF SHREDDED CABBAGE, RED RICE, BLACK BEANS, CORN, PICO DE GALLO, AND MIXED CHEESES

\$15

### FAJITA STEAK

LAYERS OF SHREDDED CABBAGE, RED RICE, BLACK BEANS, CORN, PICO DE GALLO, AND MIXED CHEESES.

\$18

### VEGAN BOWL

LAYERS OF MARINATED MIXED MUSHROOMS, CABBAGE, RED RICE, BLACK BEANS, CORN, PICO DE GALLO, AND  
FAJITA VEGETABLES (GLUTEN FRIENDLY)

\$15

## ENTREES

### POLLO LAREDO

GRILLED MARGARITA MARINATED CHICKEN BREAST TOPPED WITH QUESO FRESCO, AVOCADO, AND CUCUMBER  
PICO DE GALLO - SERVED WITH QUESO MASHED POTATOES

\$16

### GRILLED MARINATED CHICKEN

GRILLED HERBY-LIME MARINATED CHICKEN BREAST TOPPED WITH QUESO MASHED POTATOES

\$13

### SALMON A LA PLANCHA

SEARED SALMON FILET TOPPED WITH CUCUMBER PICO DE GALLO AND SERVED WITH QUESO MASHED POTATOES

\$18

### CHICKEN ENCHILADA BAKE

LAYERS OF CORN TORTILLAS, SAUTÉED ONIONS, TOMATILLOS, SHREDDED MEXICAN CHEESES AND SHREDDED  
SPICED CHICKEN, MINIMUM ORDER OF 9

\$13

### ENCHILADAS DE DENNIS

ROASTED CHICKEN, FRESH SPINACH AND WHITE CHEDDAR CHEESE ENCHILADAS TOPPED WITH CHILE CON QUESO,  
THEN FINISHED WITH AVOCADO AND RED PEPPER CREAM, SERVED WITH BLACK BEANS AND RED RICE (GLUTEN  
FRIENDLY)

\$14

### VEGETARIAN ENCHILADAS

ENCHILADAS FILLED WITH SPINACH, TOMATOES, CORN, MUSHROOMS, PEPPER, AND ONION, THEN TOPPED OFF  
WITH QUESO. SERVED WITH BLACK BEANS AND RED RICE (GLUTEN FRIENDLY)

\$14

### BEEF ENCHILADAS

PACKED WITH PACO'S SEASONED GROUND BEEF AND TOPPED WITH OUR HOMEMADE CHILI GRAVY AND SERVED  
WITH BLACK BEANS AND RED RICE

\$14

**\* ALL PURCHASES INCLUDE TORTILLA CHIPS IN INDIVIDUAL BAGS AND  
INDIVIDUAL PORTIONS OF HOUSE MADE SALSA**

**Mama Ricotta's**  
ITALIAN RESTAURANT  
ESTABLISHED 1992

**LITTLE**  
**Mama's**  
EST. 2020



## SMALL SIDE SALADS

EACH SALAD WILL INCLUDE A GARLIC ROLL AND THE CHOICE OF BUTTERMILK RANCH OR BALSAMIC VINAIGRETTE

### GARDEN SALAD

ROMAINE LETTUCE, CUCUMBERS, TOMATOES, CARROTS, AND BELL PEPPERS

### MAMA'S SALAD

ROMAINE LETTUCE TOPPED WITH CARROTS, ROMA TOMATOES, ARTICHOKE, OLIVES, ROASTED RED PEPPERS, AND CUCUMBERS

\$5

### CHOPPED SALAD

ROMAINE LETTUCE TOSSED WITH GORGONZOLA CHEESE, WALNUTS, DICED ROMA TOMATOES, KALAMATA OLIVES, RED ONION, PEPPERONCINI, GARBANZO BEANS, AND CARROTS

\$6

## FULL SALADS

\$9

CHOICE OF DRESSING: BALSAMIC VINAIGRETTE, CREAMY SUN-DRIED TOMATO, OR BUTTERMILK RANCH  
INCLUDES GARLIC ROLL & DESSERT

REPLACE CHICKEN ON ANY SALAD WITH FRESH NORWEGIAN SALMON \$8, NATURAL LOUISIANA GULF SHRIMP \$7, OR A SCOOP OF HOMEMADE VENETIAN CHICKEN SALAD FOR \$6

### PLATE PERFECT COBB SALAD

ROMAINE LETTUCE, BACON, MARINATED TOMATOES, ARTICHOKE, GORGONZOLA CHEESE, MUSHROOMS, AVOCADO, MARINATED GRILLED CHICKEN AND HARD-BOILED EGG

\$15

### CHOPPED SALAD

ROMAINE LETTUCE TOSSED WITH GORGONZOLA CHEESE, WALNUTS, DICED ROMA TOMATOES, KALAMATA OLIVES, RED ONION, PEPPERONCINI, GARBANZO BEANS AND CARROTS WITH BALSAMIC VINAIGRETTE DRESSING. FINISHED WITH MAMA'S MARINATED CHICKEN BREAST

\$15

### MAMA'S SALAD

CRISP ROMAINE LETTUCE, AN ARRAY OF FRESH VEGETABLES INCLUDING, ROASTED RED PEPPERS, CUCUMBERS, ARTICHOKE, OLIVES & VINE-RIPENED TOMATOES. TOPPED WITH MAMA'S MARINATED CHICKEN BREAST

\$13

### TUSCAN SALAD

HOMEMADE MOZZARELLA, KALAMATA OLIVES, RED ONION, FRESH BASIL, ROMAINE LETTUCE, AND ROMA TOMATOES SERVED WITH BALSAMIC VINEGAR & ROASTED GARLIC OLIVE OIL DRESSING ON THE SIDE. TOPPED WITH MAMA'S MARINATED CHICKEN BREAST

\$13

### CAESAR SALAD

OUR VERSION OF THE CLASSIC! FINISHED WITH MAMA'S MARINATED CHICKEN BREAST

\$12

### GARDEN SALAD

ROMAINE LETTUCE, MARINATED GRILLED CHICKEN, CUCUMBERS, TOMATOES, CARROTS AND BELL PEPPERS

\$12

### CAPRESE SALAD

HOUSE MADE FRESH MOZZARELLA SNUGGLED BETWEEN THICK SLICES OF VINE-RIPENED TOMATOES, DRIZZLED WITH EXTRA VIRGIN OLIVE OIL & TOPPED WITH FRESH BASIL

\$13

(ADD SICILIAN PEPPERS \$3.00, ADD SLICED MARINATED GRILLED CHICKEN \$4.95)

## SANDWICHES

\*Choose assorted sides or a single side for the group

**INCLUDES CHOICE OF SIDE AND HOMEMADE DESSERT BAR OR COOKIE. SANDWICHES CAN ALSO BE PLATTERED. SIDE ITEMS INCLUDE HOUSEMADE POTATO CHIPS, CHEF'S CHOICE PASTA SALAD, GARDEN SALAD (WITH DRESSING), AND CHEDDAR POPCORN OR PRETZELS. EACH ADDITIONAL SIDE IS \$2.95**

### MAMA'S MARINATED CHICKEN

\$12

GRILLED CHICKEN MARINATED WITH LEMON AND WHITE WINE, THINLY SLICED, & LAYERED WITH APPLE WOOD SMOKED BACON, LETTUCE, TOMATO, AND BASIL MAYONNAISE ON TOASTED CIABATTA BREAD

### WHOLE WHEAT TURKEY WRAP

\$12

SMOKED TURKEY, FONTINA CHEESE, TOMATO AND SPINACH WITH ROASTED RED PEPPER JELLY ON A WHOLE WHEAT WRAP

### TURKEY AND SWISS ON WHEAT

\$12

SHAVED TURKEY BREAST, SWISS CHEESE, MAYO, DIJON MUSTARD, LETTUCE AND TOMATO ON WHEAT BREAD

### ITALIAN GRINDER

\$12

ROSEMARY HAM, TURKEY, SALAMI, AND PROVOLONE CHEESE, PILED HIGH ON A CRUSTY ITALIAN BREAD WITH LETTUCE AND TOMATO

### MOZZARELLA & TOMATO SANDWICH

\$12

FRESH MOZZARELLA, SLICED TOMATO, FRESH BASIL, MIXED FIELD GREENS ON GRILLED CIABATTA BREAD. DRIZZLED WITH BALSAMIC VINAIGRETTE

### OUR FAMOUS ROASTED VEGETABLE SANDWICH

\$12

ROASTED VEGETABLES FLAVORED WITH ROSEMARY AND BALSAMIC VINEGAR WRAPPED WITH FRESH MOZZARELLA ON OUR CRUNCHY GRILLED FLAT BREAD

### 1½ WHOLE WHEAT CLUB (served in increments of two)

\$12

TURKEY, ROSEMARY HAM, LETTUCE, TOMATO, BACON, CHEDDAR CHEESE AND MAYO

### VENETIAN CHICKEN SALAD

\$12

A DELICIOUS CHICKEN SALAD MADE WITH SHREDDED GRILLED CHICKEN BREAST, CURRY, GRAPES AND WALNUTS LAYERED WITH ROMAINE AND FRESH TOMATO ON GRILLED FLAT BREAD

## PASTAS

**EACH SERVED WITH INDIVIDUAL PARMESAN CHEESE AND A GARLIC ROLL**

### PENNE BROCCOLI AND CHICKEN

\$13

ROASTED CHICKEN BREAST, BROCCOLI FLORETS AND PENNE PASTA TOSSED IN A DELICATE LEMON CREAM SAUCE

### PASTA PRIMAVERA

\$13

BOWTIE PASTA TOSSED WITH SEASONAL FRESH CUT VEGETABLES, GARLIC AND GOOD OLIVE OIL

### HOUSE MADE LASAGNA

\$14

SOUTHERN ITALIAN STYLE LASAGNA MADE WITH LAYERS OF GROUND BEEF, VEAL, HOMEMADE SAUSAGE AND A BLEND OF THREE CHEESES

### PENNE ALLA VODKA

\$13

SAUTÉED PANCETTA WITH ABSOLUT PEPPER VODKA IN A SPICY TOMATO CREAM SAUCE TOSSED WITH PENNE PASTA

### VEGETARIAN PENNE ALLA VODKA

\$13

SAUTÉED WITH ABSOLUT PEPPER VODKA IN A SPICY TOMATO CREAM SAUCE TOSSED WITH PENNE PASTA

### RIGATONI WITH MEAT SAUCE

\$12

A SCIBELLI FAMILY RECIPE MADE WITH GROUND BEEF, PORK, VEAL, AND ROMA TOMATOES

### EGGPLANT PARMESAN

\$14

ROMANO BREADED AND EGGPLANT SLICES TOPPED WITH MOZZARELLA AND HOMEMADE TOMATO SAUCE OVER PENNE



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## ENTREES

ALL ENTREES ARE SERVED WITH OUR HOMEMADE GARLIC ROLLS.

### CHICKEN CARCIOFI

TENDER CHICKEN SCALLOPINE AND ARTICHOKE HEARTS IN A LIGHT LEMON, WHITE WINE, AND CAPER SAUCE SERVED OVER GARLIC MASHED POTATOES

\$14

### CHICKEN PARMESAN WITH PENNE PASTA

A CRISPY ROMANO CHEESE AND BREAD CRUMB CRUSTED CHICKEN BREAST AND TOPPED WITH MELTED MOZZARELLA

\$15

### SALMON AL PESTO

SALMON FILET WITH PESTO, (HAS PINE NUTS) PECORINO ROMANO CHEESE AND BREAD CRUMBS WITH A LIGHT LEMON BUTTER SAUCE. SERVED WITH MASHED POTATOES.

\$18

### CHIANTI-BRAISED SHORT RIBS (not gluten free)

SLOW COOKED BONELESS SHORT RIBS SIMMERED IN RED WINE SAUCE WITH FRESH HERBS., SERVED WITH MASHED POTATOES

\$21

### MARINATED GRILLED CHICKEN

LEMON AND GARLIC MARINATED GRILLED CHICKEN BREAST AND TOPPED WITH ROMA TOMATOES (GLUTEN FRIENDLY) SERVED OVER GARLIC MASHED POTATOES

\$14

### POLLO BIANCO

SCALOPPINI-STYLE CHICKEN LAYERED WITH PROSCIUTTO AND MOZZARELLA IN A CHIANTI WILD MUSHROOM SAUCE SERVED OVER GARLIC MASHED POTATOES

\$15

### GRILLED VEGETABLES (vegan/gluten free)

BALSAMIC MARINATED VEGETABLES INCLUDING EGGPLANT, ZUCCHINI, BELL PEPPERS, ASPARAGUS, AND SQUASH SERVED WITH A GLUTEN FREE PASTA AND FRESH TOMATO SAUCE

\$16

## EXTRA VEG

\*Choose one vegetable per group to add to any of the above meals

### SAUTÉED VEGETABLES

INCLUDES CARROTS, BROCCOLI, ONIONS, TOMATOES, BELL PEPPERS, PEAS, AND SPINACH

\$3.5

### FRESH GREEN BEANS

LIGHTLY BUTTERED

\$3.5

### SAUTÉED BROCCOLI

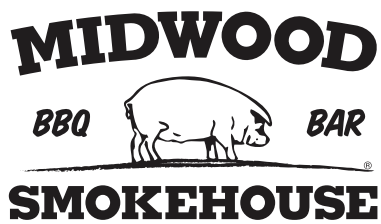
FINISHED WITH EVOO

\$3.5

### ROSEMARY ROASTED MIXED VEGETABLES

INCLUDES ZUCCHINI, SQUASH, MUSHROOMS, PEPPERS, ONIONS, AND EGGPLANT LIGHTLY SEASONED AND ROASTED IN OUR WOOD BURNING OVEN.

\$3.5



## SALADS

CHOICE OF OUR BUTTERMILK RANCH OR BALSAMIC VINAIGRETTE

### GRILLED CHICKEN BREAST

TOSSED IN OUR MIDWOOD BARBECUE SAUCE, CHOPPED ROMAINE, SHREDDED CHEESE, BLACK BEANS, ROASTED CORN, AND PICO DE GALLO

\$13

### CHOPPED PORK

CHOPPED ROMAINE, SHREDDED CHEESE, BLACK BEANS, ROASTED CORN AND PICO DE GALLO

\$14

## SANDWICH BOX

SERVED WITH OUR SOFT BUN, HOUSE SLAW, AND CAROLINA KETTLE DILL PICKLE POTATO CHIPS

### CAROLINA PORK

CHOPPED PORK TOSSED IN OUR EASTERN NC VINEGAR SAUCE, AND A SIDE OF MIDWOOD BARBECUE SAUCE

\$12.75

## CLASSIC BARBECUE PLATES

SERVED WITH A SIDE OF OUR HOUSE MADE SLAW, HOUSE PICKLES, AND CLASSIC MAC & CHEESE

### BARBECUE GRILLED CHICKEN

GRILLED CHICKEN BREAST TOPPED WITH OUR MIDWOOD BARBECUE SAUCE

\$13

### CAROLINA PORK

HICKORY SMOKED AND CHOPPED PORK, DRESSED IN OUR EASTERN NC VINEGAR SAUCE

\$14

### PRIME BRISKET

USDA PRIME SLICED BRISKET SMOKE FOR 14-16 HOURS OVER NC HICKORY HARDWOOD

\$18

### SMOKED TURKEY

HICKORY SMOKED TURKEY FROM LOCAL NC FARMS

\$13

### TOFU (vegan/gluten friendly)

SAUTÉED TOFU SERVED WITH CAULIFLOWER AND BROCOLLI

\$13



## SALAD

CHOICE OF DRESSING: OUR GREEK LEMON HERB VINAIGRETTE OR OUR GRANCH

### GREEK SALAD

CHOPPED ROMAINE LETTUCE, TOMATO, BELL PEPPERS, CUCUMBERS, KALAMATA OLIVES, AND FETA CHEESE

\$10

## YAFO BOWLS

INCLUDES THE TAHINI DRESSING

### GREEK GRILLED CHICKEN BOWL

GRILLED GREEK LEMON OREGANO CHICKEN BREAST SLICED WITH CUMIN RICE, HUMMUS, TOMATOES, CUCUMBER, FETA, OLIVES, AND PURPLE CABBAGE SLAW - HORMONE AND ANTIBIOTIC FREE /GLUTEN FRIENDLY

\$14

### SHAWARMA SPICED CHOPPED CHICKEN

SHAWARMA CHICKEN WITH CUMIN RICE, HUMMUS, TOMATOES, CUCUMBER, FETA, OLIVES, AND PURPLE SLAW - HORMONE AND ANTIBIOTIC FREE/GLUTEN FRIENDLY

\$14

### FALAFEL

FRESH GROUND CHICK PEAS, ONIONS AND HERBS, FRIED TO GOLDEN BROWN AND SERVED WITH A SIDE OF TAHINI. THEN FINISHED WITH CUMIN RICE, HUMMUS, TOMATOES, CUCUMBER, OLIVES, AND PURPLE CABBAGE - VEGAN/GLUTEN FRIENDLY

\$13

### GRILLED SALMON

MARINATED IN GREEN SCHUG, WITH CUMIN RICE, HUMMUS, TOMATOES, CUCUMBERS, FETA, OLIVES, AND PURPLE CABBAGE SLAW - GLUTEN FRIENDLY

\$16

## SALAD BOWLS

CHOICE OF DRESSING: GREEK LEMON HERB VINAIGRETTE OR GREEK YOGURT RANCH

INCLUDES OUR HOUSE MADE LAFFAH BREAD

### GREEK GRILLED CHICKEN SALAD

GRILLED GREEK LEMON OREGANO CHICKEN BREAST SLICED WITH CHOPPED ROMAINE, HUMMUS, TOMATOES, CUCUMBER, FETA, OLIVES, AND PURPLE CABBAGE SLAW - HORMONE AND ANTIBIOTIC FREE/GLUTEN FRIENDLY AND DIARY FREE

\$14

### SHAWARMA SPICED CHOPPED CHICKEN

SHAWARMA SPICED CHICKEN WITH CHOPPED ROMAINE, HUMMUS, TOMATOES, CUCUMBER, FETA, OLIVES, AND PURPLE SLAW - HORMONE AND ANTIBIOTIC FREE/GLUTEN FRIENDLY

\$14

### FALAFEL

FRESH GROUND ORGANIC CHICK PEAS, ONIONS AND HERBS, FRIED TO GOLDEN BROWN AND SERVED WITH A SIDE OF TAHINI. THEN FINISHED WITH CHOPPED ROMAINE, HUMMUS, TOMATOES, CUCUMBERS, OLIVES, AND PURPLE CABBAGE SLAW - VEGAN/GLUTEN FRIENDLY

\$13

### GRILLED SALMON FILET

MARINATED IN GREEN SCHUG, WITH CHOPPED ROMAINE, HUMMUS, TOMATOES, CUCUMBER, FETA, OLIVES, AND PURPLE CABBAGE - GLUTEN FRIENDLY

\$16



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# DESSERTS & DRINKS

## DRINKS

FIJI BOTTLED WATER 500ML	\$3
BOTTLED SPRING WATER	\$1.50
SAN PELLEGRINO	\$4.50
ASSORTED COKE BRAND SODAS COKE, DIET COKE, SUNKIST, SPRITE	\$1.25
ASSORTED BUBLY FLAVORED SPARKLING WATERS	\$1.95

## DESSERTS

INDIVIDUALLY WRAPPED	
ASSORTED COOKIES	\$2
ASSORTED BROWNIES	\$2

